

The Art of Opening Your Mouth

By Dessy Barnaby

For a country which claims English as our second most widely used language, the standard of our English is highly questionable. That brings us to a complete new set of questions; is it our English education standard dreadful or was it the mentality of us that is in need of some major re-touching.

This problem has been addressed thousands if not millions of times before; Newspaper covered it, article after article. Talk shows, episode after episode. Thousands of Independent blogs not to mention critics and social tale tell. So what really is the big deal about opening our mouth and initiating a conversation; In English!

Why is something as simple as opening our mouth I call it an “art”. In reality is when you hear people speak, how many of them actually really open their mouth. The art of good communication lies in constant practice. It has little deal with the amount of books you have read, the many degrees you attained or worse your ancestry.

To allow you to communicate effectively and correctly, one have to be ready to make mistakes. Effective learning and Ego do not get along well, especially for adult.

So when one told me that they can not communicate properly because they have not enough confidence. The real deal here is there is too much confidence, too big amount of a confident in holding onto their ego and let it get the better of them. So instead of trying and keeping an open mind and learn, I will rather hold on to my pride and convince myself that I am lousy at it.

There is no such thing as I can not speak, it is the unwillingness in that individual to swallow their pride, get over their ego, learn to make mistakes and feel good about it. To some adults, making mistakes is unacceptable. But unfortunately to me, that’s one of the most effective learning ways.

So unless one is willing to start opening their mouth whole heartedly, there is no such need to aim for the star and wanting to be a great speaker by reading all the best books around or hiring the most expensive coach in the country to teach them of the best techniques.

The key to improving your communication is indeed; simply opening your mouth and let the sound come out as they are suppose to be. When one have got that covered, then the learning starts.